

Hints (Not Rules!) for Creating SoulCollage® Cards

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It is not important for the picture to be technically or aesthetically satisfying, but merely for the fantasy to have free play and for the whole thing to be done as well as possible....a product is created which is influenced by both conscious and unconscious, embodying the striving of the unconscious for the light and the striving of the conscious for substance.

~ C.G. Jung, *Portable Jung*, p. 290

- 1) Each card should represent *one* energy, one of your guides, allies, or challengers. Often this means there is one primary image on a card with supporting symbols.
- 2) Have all your cards the same size and shape so they can be held in a deck, and so you will not recognize who a card is from its back. Be consistent in the material used for the base... such as mat board, or something thick enough not to warp.
- 3) Do your first cards by collaging directly on your blank card so you have a sense that *less is more*.
- 4) Both left brain and right brain are involved. In the case of some images, you will know what the energy is from the start. More often you will not consciously know what the meaning is, and that's okay too. Hang out in the "Don't Know Mind" and watch what is manifesting. Sometimes much later, in readings, the message bubbles up.
- 5) You can collage on your cards either vertically or horizontally, whichever way fits your images.
- 6) Take time to carefully cut out an image and put it on a new background. Use sharp scissors or an exacto blade on a cutting board.
- 7) If you choose to include the background that is already around your image, tearing it out instead of cutting can make a vibrant and interesting edge.
- 8) Sometimes, though not usually, you may want to use a picture exactly as it is, with no collaging. In SoulCollage® this is okay. It is for your personal use.
- 9) It's better not to collage words on to your card as it defines and limits the intuitive wisdom that the card may give you in the future. If there are some words as part of an image you may want to cover them up with another image.
- 10) There are many kinds of glue. Use really good, archival glue sticks. Rubber cement works OK but may cause headaches. *Yes* glue is good. Eventually glue your pieces down well. You can use a brayer to smooth them down. As you construct you may want to fasten down very lightly. Use a frame the size of your card to help organize your images. Sometimes just part of a very large image will work well on your card, and the frame can help you see what part.

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